



RAMBLES 2009

Date	Day	Region	Area	Cat	Length
10 May	Sunday	SW London Bushy Park	Margaret Ray Memorial Ramble	1	6 miles
16 May	Saturday	New Forest	Godshill Ramble	2	7 miles
17 May	Sunday	New Forest	Milford-on-Sea Ramble	2	7 miles
18 May	Monday	Solent	Solent Shingle Surge	4	5 miles
19 June	Friday	North Surrey Downs	Polesden Lacy Ramble	3	7 miles
24 June	Wednesday	Dartmoor	Holwell Tor Ramble	3	6 miles
25 June	Thursday	Dartmoor	Hound Tor Ramble	3	6 miles
28 June	Sunday	North Devon	Onstopne Ramble	1	7 miles
29 June	Monday	North Devon	Westward Ho! Ramble	2	6 miles
10 July	Friday	West Penine	Rivington Pike Ramble	3	7 miles
11 July	Saturday	Darwen Moor	Ryal Fold Ramble	3	7 miles
12 July	Sunday	West Penine	Holcombe Ramble	3	6 miles
15 July	Wednesday	Yorkshire Dales	Kilnsey Moor Ramble	3	7 miles
16 July	Thursday	Yorkshire Dales	Bolton Abbey Ramble	3	7 miles
19 July	Sunday	Northumberland	Cragside Ramble	3	7 miles
20 July	Monday	Northumberland	Craster Ramble	3	5 miles
3 August	Monday	Chilterns	O'Neill Memorial Ramble	2	7 miles
6 August	Thursday	Wiltshire	Bradford-on-Avon Ramble	2	6 miles
7 August	Friday	Wiltshire	Avebury Ramble	2	6 miles
4 September	Friday	Brecon Beacons	Fan Frynach Ramble	4	7 miles
5 September	Saturday	Swansea Valley	Craig y Nos Ramble	3	7 miles
6 September	Sunday	Swansea Valley	Ffynnon Llugwy Ramble	3	7 miles
9 September	Wednesday	Mid Wales	Croft Castle Ramble	3	7 miles
10 September	Thursday	Mid Wales	Mortimer Forest Ramble	3	7 miles
13 September	Sunday	North Wales	Nant Ffancon Ramble	2	7 miles
14 September	Monday	North Wales	Llyn Bochlywd Ramble	2/3	4 miles
15 September	Tuesday	Snowdonia	Rhaeadr Fawr Ramble	4	9 miles
17 September	Thursday	Lancashire	Monsal Trail Ramble	2	7 miles
18 September	Friday	Lancashire	High Peak Ramble	2	8 miles

Ramble Categories: **Category 1** is fine for all wheel/powerchairs and scooters. **Category 2** may include natural surfaces and hills up to 1 in 8 and is suitable for determined/aided wheelchair users, plus powerchairs & scooters. **Category 3** means stretches of rough surfaces &/or steep hills, and is for heavier scooters. **Category 4** involves exploration of difficult, even impassible trails, and is only suitable for experienced riders on heavy duty scooters. Length: Rambles are generally 6 to 8 miles, but Category 3 & 4 rambles can be from 4 to 12 miles.