



Ramble 4: A circular ramble at Fritham.

How to get there !

Approach to Fritham village From M27 proceed west towards Bournemouth. At the exit signposted Lyndhurst and New Forest, turn off motoway down slip road. Go under motorway and take exit on B3080. This will take you through Brook village. After 5.5 km turn left along minor road signposted Fritham and Stoney Cross. After 1 km turn right into Fritham village. Take the road through the village until you reach an open area and the Royal Oak pub. There is an accessible disabled toilet situated in the pub grounds. Park on a small trackway on the left, past the pub. This is the Start and Finish Point
Grid reference: 232142 (S)

Rambles : There are many short rambles leading off from this point.

The ramble we have chosen to describe starts by taking the track to the left just beyond the pub. The track soon opens on to heathland and continues nearly straight for 1.5 km. Just before entering woodland, turn off on another well marked track to the right. This also enters the woodland through a gate. This is the Sloden enclosure. The path gradually goes downhill, but then becomes steep before reaching a valley bottom. Continue up the other side and soon turn right in the Alderhill enclosure. Continue mainly upwards through the Amberwood enclosure until you emerge via a gate on to a broad track by open heathland. Turn right and follow the track first down a steep hill and then up the other side. You will emerge back by the Royal Oak in Fritham.

Scenery: Very varied, crossing heathland, through woods, This route has steep hills.

Distance: 7 km (4 .5 m)