

## **Disabled Ramblers RAMBLE BRIEFING NOTES – For the Ramble Manager**

### **Prior to Briefing:**

- Assign someone to get participants to sign Signing On sheets on arrival and to remind them to use toilet, if necessary, before briefing time. **If a scooter rider's name appears without a note about image consent beside it, please ensure that they write Yes or No in the space provided and complete an Image Consent Form.**

Appoint Front & Back markers. Issue Hi-viz jackets to markers and walkers. Issue radios and carry out radio check.

(NB If a radio is heard beeping when in use, please identify it and take it out of service, then let John Cuthbertson know. Although mostly used for keeping the group together, they could be vital in an emergency and need to be fully functioning.)

- On Category 3 rambles ensure that participants have a suitably robust vehicle.

### **Briefing:**

#### **Start of Ramble**

1. Gather the participants together and ensure all can hear you. Introduce yourself.
2. Welcome any special guests and new entrants. Introduce warden/ranger/experts etc. and give background.
3. Outline route and any special features, sections or hazards. Explain distance a.m. and approximate time to lunch stop.
4. Obtain active consent (eg a 'hands up') from Walkers to use photos or videos of them. (NB This is essential if you want photos of the ramble on the website.)
  - a. Give this exact statement to obtain the consent:  
*"We need your active Consent for Disabled Ramblers to use your image – on a photo or in a video – for our website, in our publications, and in our campaigning work.  
You can ask to withdraw your consent at any time – please look on the website for the Privacy Policy for more information, or ask me.  
We already have the necessary consent from Scooter Riders; can Walkers please raise their hand to indicate that they consent to this."*
  - b. Wait for all walkers to put up hands.
  - c. If someone does not put up their hand, first check they heard what you asked, then ask them to confirm that they wish to withhold their

consent, take their name, and ask everyone to please avoid having these people in photos.

- d. Clearly list on the Signing On Form the name of any walker who declined to consent, and note that everyone else consented.

5. Introduce Front and Back Markers to group.

6. Explain normal Ramble procedures:

- identify and explain anyone needing special attention
- **switch off when stationary**
- **leave a good gap between scooters** especially on hills
- use SLOW speed setting down hills
- all **STOP** on same side when horses & bikes approach. This applies to walkers as well
- **give way** & keep the path clear for other users. This applies to walkers as well
- stay between Front & Back markers
- wait at turnings until next scooter can see route
- wait at road crossings for guide with Hi-viz jacket
- regular halts to gather for short rest including coffee break
- keep dogs under control
- advise back marker if making a comfort stop.

7. Count ramble participants before starting (scooters and walkers).

### **Lunch stop**

- On reaching Lunch Stop agree restart time and place.
- 15 mins before restart time remind people to use toilet if needed.
- After lunch gather participants and explain route, distance & special features.
- Carry out a head count and continue rambling.

### **Finish of Ramble**

- Halt shortly before the finish to give thanks to ramble team.